

Reconnecting

The Home Economics Alumni Newsletter



February 2010

Greetings from the Dean

Welcome to the third edition of *Reconnecting*. I am pleased to see how engaged graduates of the College of Home Economics are in ensuring that *Reconnecting* continues. There are many alumni who have shared news, stories and milestones with their peers around the world through this newsletter. Congratulations are in order to the Home Economics Alumni Advisory Committee members for their hard work and dedication; without them, the newsletter would not be possible.

Since joining the College of Pharmacy & Nutrition, I have learned a great deal about the Home Economics alumni and their significant place in the history of the University of Saskatchewan. The College of Pharmacy & Nutrition is honoured to be affiliated with the alumni of the College of Home Economics, and hope that we can continue to strengthen our ties.

I would like to thank Gayleen Turner, Judy Hannah and Linda Epp for their continued support and would like to welcome Carla Pieracci and Audrey Enns to the Advisory Committee. The experience that has been brought together on the Committee reflects the dedication and kinship they feel as alumni of the College of Home Economics.

I would also like to welcome Ashala Jacobson, Development Officer, and Heather Dawson, Advancement Officer, to the College of Pharmacy & Nutrition. Ashala will be responsible for major gift fundraising, while Heather will be responsible for communications and alumni relations.

As part of the University's Annual Alumni Honoured Years Reunion, there will be a ribbon cutting ceremony and tour of the new Home Economics Practical Applied Arts facility in the College of Education on June 18, 2010. A formal invitation will be mailed in March. I also encourage you to visit <http://homeeconomics.usask.ca/>, the College of Home Economics website, where you will find historical information, pictures, information for alumni, and much more.

I look forward to connecting and reconnecting with you in the coming years, and hope to see many of you at the alumni reunion in June.

Best regards,

David S. Hill, Ed.D, FCSHP
Professor and Dean
College of Pharmacy & Nutrition

Greetings from the Home Economics Alumni Advisory Committee

A New Year and another edition of “Reconnecting”! Over the years since the College of Home Economics was closed, Home Economics grads have worked to make sure that the memory of the College does not disappear at the University of Saskatchewan. As part of these efforts, the Alumni Advisory Committee was created in 2008 and the decision was made to have a yearly newsletter that would help Home Economics graduates keep in touch with each other and with the University. At the same time, work was continuing to establish a permanent display of Home Economics memorabilia in the lobby of the Thorvaldson building.

With the publishing of the 3rd edition of Reconnecting we feel a sense of continuity – the committee is now in tune with the process of developing the newsletter and changing the theme of the display cabinets each year. We hope that you are starting to feel a regular draw to look at the College of Home Economics website each January to catch the latest news from other alumni - <http://homeeconomics.usask.ca/>

We are looking forward to the All Years Reunion in June this year. The reunion will see another celebration – a ribbon cutting ceremony will be held to officially launch the new Home Economics Education facilities in the Education building. Anyone who has seen the small, ‘cozy’ quarters that the program operated out of in Thorvaldson will want to see the new, modern facility. Please consider joining us!

The Alumni Advisory Committee has started a yearly process of membership renewal. Last year Liz Delahey and Kim Kennett, two of the founding members of the committee said good-bye after their two year term expired. We miss them! This year we welcomed Audrey Ens and Carla Pieracci to the committee.

Carla graduated from the College of Home Economics in 1984. In 1995 she received her Education degree from the University of Regina. Since that time she has taught in Regina. Currently Carla teaches Home Economics at Thom Collegiate. She has very fond memories of her time at the University of Saskatchewan and has always tried to stay in touch with the University for that reason. Joining the Alumni Advisory committee will be a good way for Carla to help others keep in touch!

Audrey graduated with her Education degree in 1978 and her Home Economics degree in 1982. She recently retired after spending thirty years in the Sask Valley School Division. She is married to Dennis Ens, also a retired educator. They have spent their time since retirement building a new home in Saskatoon and look forward to some more meaningful community involvement now that the house is complete. Together they have two married children (both U of S grads) and five beautiful grandchildren. Although their children are employed out of this province, they all proudly sport U of S Huskies wear wherever they go! Audrey brings to the committee years of organizational experience and SHETA/ASHE involvement. She looks forward to the opportunity to keep the College memory alive and well preserved through the work of the Alumni Advisory Committee.

This summer will see Dr Linda Epp, Gayleen Turner and Judy Hannah, the three remaining members of the original committee ‘retire’. If you would be interested in joining the committee please contact Judy at djhannah@sasktel.net or Gaylene at vturner@sasktel.net.

Over the years since the College of Home Economics was closed Home Ec grads have often worried that our College would become a forgotten piece of history at the U of S. This year we celebrated the unveiling of a plaque in Convocation Hall, in the College Building where Home Economics first began – a wonderful way to acknowledge the place of Home Economics at the U of S. At that unveiling, Dennis Gorecki, former Dean of Pharmacy and Nutrition, said he finds, wherever he goes, that Home Economics grads are there. He told us a saying that he now uses when referring to Home Economists – “They’re everywhere, they’re everywhere!”. With this 3rd edition of Reconnecting we hope that we are helping to remind people that Home Economics grads are ‘everywhere’ and, in doing so, secure the place of Home Economists at the U of S.

Yours in Home Economics,

Linda Epp, Carla Pieracci, Audrey Ens, Gayleen Turner and Judy Hannah

Happenings in Student Education

Home Economics Practical Applied Arts Facility

The Practical and Applied Arts (PAA) Program was housed in the Thorvaldson building, but is no longer. As of September 2009 the new home is in the College of Education building on the general floor in rooms 13 and 15. This new space has more than twice the room. Major renovations were required to accommodate three kitchen units with tables and the other room for teaching theory classes or used for home economics projects. Both rooms are quite versatile teaching areas. There is still work being done to equip the teaching areas.

A ribbon cutting ceremony is scheduled for Friday June 18, 2010 during the U of S Alumni Reunion. Everyone is welcome to attend.



Display in Practical Applied Arts Facility

Division of Nutrition and Dietetics in the College of Pharmacy & Nutrition

Demand for the BSc in Nutrition program continues to be strong and the 2009-2010 academic year was no exception, with 90 applications from students, who have completed pre-year requirements, for 28 places in Year 1. The strong interest is a reflection of the outstanding program offered to our students. The professional experience (internship) required for graduates to obtain professional licensing, is incorporated within the four year degree.

The program is a partnership between the College and the Regina Qu'Appelle and Saskatoon Health Regions, with participation of affiliated health regions, tribal councils and health organizations throughout the Province and elsewhere. Nutrition graduate enrolment is 13 M.Sc. students, 1 Interdisciplinary M.Sc. and 6 Ph.D. candidates. The graduate complement includes 8 new students – from Saskatchewan, Ontario, Dominica, Egypt and India.

College Faculty continue to achieve research funding success to undertake a broad range of research activities and international initiatives in Ethiopia, Trinidad and Tobago and Uganda, and in which students have the opportunity to be involved. The College recently welcomed Dr. Hassan Vatanparast to the Division, in a shared position with the new School of Public Health. Hassan is coordinating a new graduate course *Advances in Community Nutrition Research* and is actively pursuing research in nutritional epidemiology and nutrition and chronic diseases.

Hannon Scholarships

There is a wonderful scholarship Trust at the University – established many years ago by Regina Judge JW Hannon in honour of his father, the Reverend James Hannon. The scholarship Trusts provide academic scholarships to students in English, Home Economics Education, Nutrition, and Theology, as well as Travel Scholarships. This year's Hannon travelers are:

Martina Selinger will visit Ireland to learn about Irish culture and focus on the journey “from farm to fork”

April Thorimbert will travel to Nepal and participate in volunteer work with the Nutrition Rehabilitation Home in Kathmandu

Bryna Wack will travel to South America to volunteer with local health professionals in Salvador, Brazil

Update on College of Home Economics Reminiscences at the U of S

A Royal Family

Article & Photos by Mark Ferguson
On Campus News
October 16, 2009



Once upon a time at the University of Saskatchewan, there existed the College of Home Economics.

The college was disestablished in 1990 but some of its handiwork remains, including an impressive doll collection featuring period costumes made by students.

The Guilford Collection of costume regalia was left to the Drama Department and can be viewed in display cases in the John Mitchell Building. The collection features about 50 distinct dolls in costumes dating back to the early days of ancient Rome and Egypt.

“The detail is astounding,” says Beverly Kobelsky, costume designer and instructor in the Department of Drama. “Every little accessory has been hand crafted, right down to the little pointy shoes.”

The Queen Elizabeth doll for example, in a circa 1580 costume, is eerily lifelike, from her mole right down to her wired petty-coat. The Henry VIII costume, says Kobelsky, is accurate right down to the facial hair and flat shoes made famous by the rather rotund King of England from the early 16th century.



Marjorie (Madge) Guilford joined the College of Home Economics in 1956. Her area of specialization was Clothing and Textiles, with a special interest in history of costume. Madge served as Professor, Assistant Dean and Acting Dean of the College, and was a much-loved teacher and colleague. College faculty, staff and students were very saddened by her death in 1978.

In addition to the collection described above, the Guilford Family contributed Madge's books and historic costume collection and to the University. The **Guilford Library of Historic Costume** is located in Main Library on 6th Floor G, and includes 237 items. The **Guilford Historic Costumes Collection** is also located in the Drama Department, John Mitchell Building, and includes costumes displayed on a rotating basis in special cabinets that have been prepared.

In 2006, a **Home Economics Display Project** was undertaken to gather together class photos and create a searchable Home Economics website. Out of the project developed a number of initiatives described below, and we are pleased to bring you an update on these as well on the Guilford Collections.

College of Home Economics Website

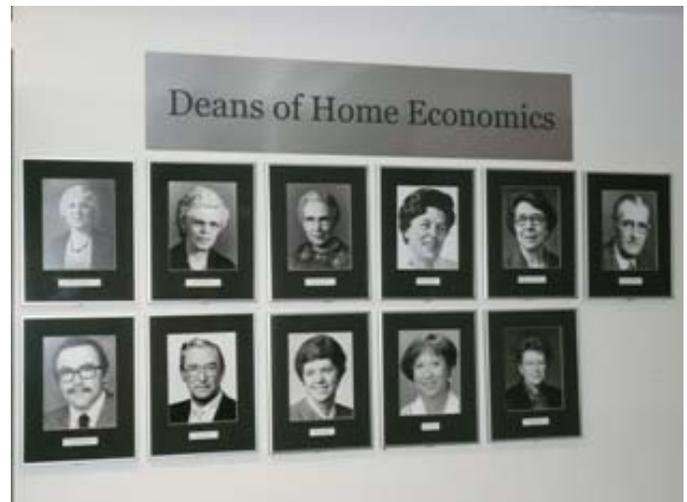
A searchable Home Economics website, which includes histories written about the College, all of the graduating class photos and information on alumni services. Please see <http://homeeconomics.usask.ca/>.



In the lobby of the 1966 addition to the Thorvaldson Building, former home of the College, there is a dedicated computer for viewing and searching the website, photographs of the Home Economics Deans and rotating displays, illustrating student life, academics and publications of Home Economics graduates. The current display highlights published works of Home Economics

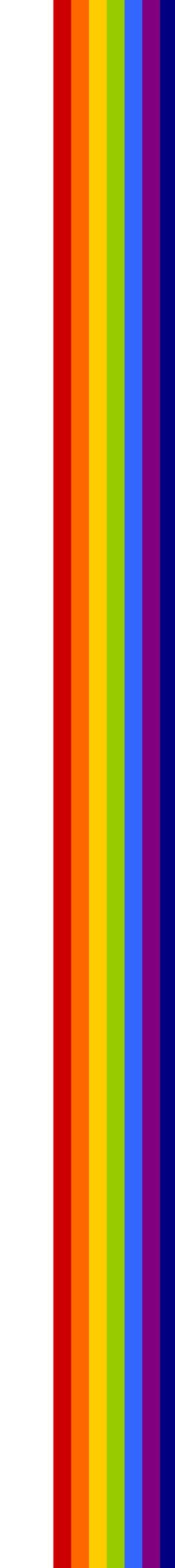
Our Deans

Deans of the College have been recognized and honoured over the years in a number of ways – through awards in their name, at reunions and other special events, and through biographies on the College of Home Economics website – please see www.homeeconomics.usask.ca/deans-list.html.



For many years, photos of the Deans adorned the walls of 126 Thorvaldson – the Home Economics meeting room. With the creation of the permanent Home Economics display in the lobby of Thorvaldson, the Deans' photos have been reframed and securely mounted next to the display cabinets. Hundreds of students, faculty, staff and visitors pass by the photographs every week on their way to class or travelling through the building!

Deans Rutter, Hunt, Simpson, Gibson, Guilford and Abell are no longer with us, but we continue to remember them fondly. We are pleased to bring you news about Deans Abernathy, Nixon, Moss, Lee Kwok and Crowle.



Dean Tom Abernathy joined the College in 1980 and served as Dean for a brief period in 1981-82. He most recently was Director of the Central West Health Planning Information Network, funded by the Ontario Ministry of Health and Long-Term Care, and has worked at both McMaster University and the University of Toronto researching social structure and health, policy analysis and the social-psychology of health behaviour.

Dean Howard Nixon – served as Acting Dean of the College in 1982. He provided valued support to the faculty and staff during a period of transition, and encouraged Home Economics students to pursue enriching experiences. Howard retired from the University in 1992 and was awarded honour of Professor Emeritus. In 2000, he was made an *Officer of the Order of Canada*, in recognition of his outstanding achievements and service and was conferred *Honorary Alumni Member* of the University of Saskatchewan for the many positive contributions. We were pleased to see Howard and his wife Elva at the Home Economics Plaque unveiling this past October.

Dean Gwenna Moss – held the position of Dean from 1982 -1986. She was appointed Associate Vice-President Academic in 1986 and Acting Vice-President Academic in 1990. She assumed responsibility for the University's instructional development program in 1992 and laid the foundation for the University's Centre for Teaching Effectiveness, now named the Gwenna Moss Centre for Teaching Effectiveness in her honour. Gwenna retired from the University as Professor Emerita in 2004 and resides in Winnipeg. Her accomplishments and community service have been recognized with many awards, including being named during the University's Centennial celebrations in 2007 as 'one of the 100 U of S alumni who have made profound and lasting contributions to our University and the world in which we live.'

Dean Eva Lee Kwok – was appointed Dean in 1986 and during her tenure initiated a Community Nutrition Internship Program and an exchange program between the College and King's College, University of London. Students greatly appreciated her spirited enthusiasm for her field and her work. She lectured and consulted widely. Dean Lee resigned from the University in 1988 to become Vice-President of the Asia Pacific Foundation of Canada, and later President and CEO of the Saskatchewan Institute of Applied Science and Technology. She is currently Chair and CEO of Amara International Investment Corp. in Vancouver, a corporation with diversified interests in real estate, cross-cultural management and strategic partnerships. In addition, she holds positions as Director with a number of boards of national and international foundations. Eva was recently honoured with Vancouver's *Influential Women in Business Award*.

Dean Margaret Crowle – was appointed Dean in 1988 and shepherded the College and its students with care and consideration during the period prior to the closure in 1990. Following retirement from the University, Margaret continued her active role with the Consumers' Association of Canada for many years, and served as board member with numerous advocacy, standards and government organizations. Her many contributions to the community, Province and profession have been recognized through the *Saskatchewan Centennial Leadership Award*, *Women's Hall of Fame Award*, *Prime of Life Achievement Award* and *Canadian Home Economics Association Honour Award*. In 2005, Margaret moved to Sidney, British Columbia. She continues to keep in touch with Home Economics and grads and colleagues.

Home Economics Memorabilia around Campus

Home Economics memorabilia around the campus includes special china collections and paintings. Plaques are being installed to provide attribution to generous donors of the memorabilia and to the College of Home Economics.

College of Home Economics Commemorative Plaque Unveiled



University of Saskatchewan
Chancellor Dr. Vera Pezer with
Judy (Crawford) Hannah, BSHEc
Class of 1976, at the plaque
unveiling in October 2009
(Above)

On October 17, 2009 a beautiful bronze plaque was unveiled in Convocation Hall – in the College Building, where Home Economics classes were first taught in 1916-17. The plaque commemorates Home Economics teaching, research and service at the U of S and recognizes the contributions of its 1681 graduates, as well as Home Economics Deans, faculty and staff. The event was attended by graduates from throughout the Province, as well as former faculty and staff, University and Senate representatives. Merry Beazely served as MC.

Chancellor Dr. Vera Pezer brought greetings on behalf of the University. She paid tribute to the hundreds of proud Household Science and Home Economics graduates, and the former Deans, faculty and staff.

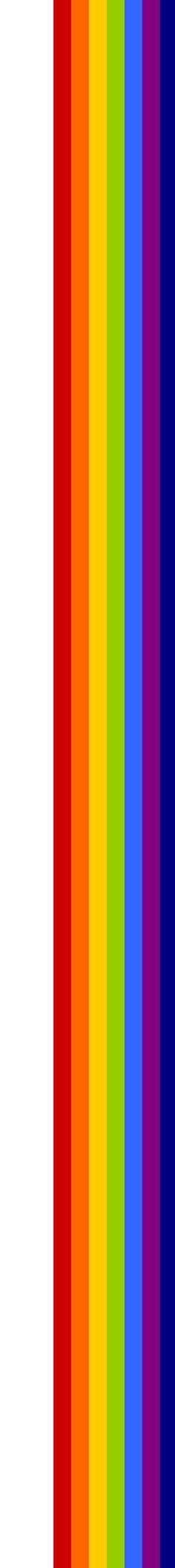
Vera provided historical perspective, reading how Professor Ethel Rutter, first Head of the School of Household Science, recounted the foods lab setup in the College Building.

Mrs. Rutter wrote:

“The lab consisted of one square room with windows on two sides, in which the hollow square type of desk arrangement had been set up, constituted the space allotted to laboratory work. One sink, two New Perfection coal oil stoves, a small ice refrigerator, a blackboard, a wall clock, and two large cupboards completed the visible equipment. The room had been a physics laboratory. The Bunsen burner-under-metal-screening provided the opportunity for top-of-the-stove cookery.”

Vera went on to quote from beloved Dean Emeritus Dr. Edith Rowles Simpson’s description of the labs:

“The smell of roast beef, fresh apple pie, or baking bread became a familiar accompaniment to afternoon work in the offices of the Bursar, the Agricultural Extension Department, and various professors further down the hall in the College Building.”



In closing, Vera noted how much she admires the College of Home Economics crest, emblazoned on the plaque, how important it has been to Home Economics students and graduates over the years, and what it stands for:

“The white light of the candle, in the centre of the crest, represents our highest aims. It is formed by the red light of health, orange symbol of the hearth fire, yellow light of wisdom, green light of service, blue light of truth, indigo light of courage, and violet light of beauty – in character and in nature.”

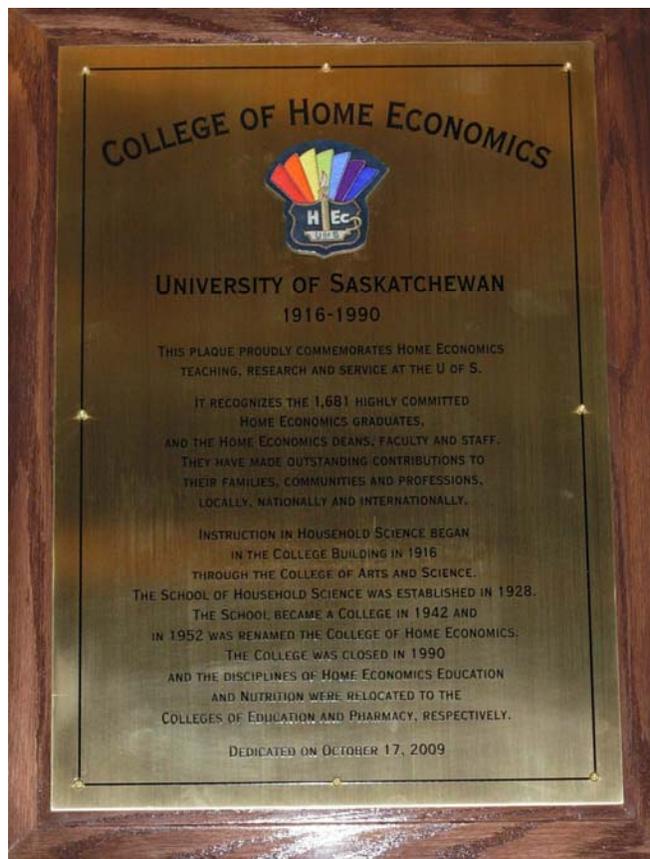
Dean Cecilia Reynolds of the College of Education and Dean Dennis Gorecki of Pharmacy and Nutrition addressed the gathering, each noting how honoured their colleges have been over the years to house the Home Economics Education program and the Nutrition and Dietetics program, respectively, subsequent to the closure of the College of Home Economics.

Judy Hannah spoke on behalf ASHE President and Senate Representative Gayleen Turner: I have very strong, wonderful memories of being taught, during my 4 years in the College of Home Economics, about the history of our College as well as the history of our profession.

“From the first moment of first year the faculty spoke about the dedicated women who had laid the foundation for Home Economics education on this campus and who also laid a foundation for the professional field of home economics. At a time when few women participated in post secondary education, those first leaders were pioneers who believed in the education of women and in the importance of supporting the lives of families which are a cornerstone of our society. I had the pleasure to come to know many leaders in our field – including Dean Hope Hunt and Dean Edith Rowles Simpson – even though they were no longer teaching, they remained a part of the family that our College was. And they carried on the role of leading by example and by supporting students and grads.

The College website notes that Dean Hunt emphasized the importance of scholarly work and academic qualifications and that “undergraduates should be challenged to develop a basis of judgement and the ability to distinguish between present needs, future benefits and evanescent pleasure.” And we experienced all of that during our time at the College.”

Vera and Judy then had the honour of unveiling the plaque. Attendees enjoyed refreshments and a number then walked over to the College of Education, where Professor Bev Pain provided a tour of the new Home Economics Education program facility.



Plaque Inscription

University of Saskatchewan
1916-1990

This plaque proudly commemorates Home Economics teaching, research and service at the U of S

It recognizes the 1,681 highly committed Home Economics graduates,
And the Home Economics Deans, Faculty and Staff.
They have made outstanding contributions to their families, communities and professions, locally, nationally and internationally.

Instruction in Household Science began in the College Building in 1916 through the College of Arts and Science. The School of Household Science was established in 1928. The School became a College in 1942 and in 1952 was renamed the College of Home Economics. The College was closed in 1990 and the disciplines of Home Economics Education and Nutrition were related to the Colleges of Education and Pharmacy, respectively.

Dedicated on October 17, 2009

Acknowledgements

Please see the College website for credits and acknowledgements of all those – Home Economics graduates, Deans, faculty, staff, friends and University colleagues from the President's Office, Office of the University Secretary, University Archives, Facilities Management Division, Information and Communications Technology, Educational Media Access and Production and the Colleges of Education, and Pharmacy and Nutrition – who have made the above initiatives possible.

Special thanks are extended to those who have provided funding for these initiatives – the President's Office, Office of the University Secretary, University Advancement, Home Economics Alumni, Deans, Faculty and Staff, the Association of Saskatchewan Home Economists and the College of Pharmacy and Nutrition.

A Powerful Force

*Lillian (Vigrass)
McConnell, BHS 1950*

Lillian McConnell is an honorary life member of Canadian Home Economics Association, Association of Saskatchewan Home Economists, and Regina Home Economics Association, as well as the Saskatchewan Electrical Association.

A home economist of distinction, she has been the recipient of many honours for her competence, dedication, and professionalism. During her tenure as Penny Powers with the Saskatchewan Power Corporation, she was the recipient of an ALMA award for one of the best home service promotions in Canada and the USA for the year 1970.



In 2001, in recognition of the assistance she gave farm women during the conversion to rural electrification, she was inducted into the Saskatchewan Agricultural Hall of Fame.

Lillian received her primary and secondary schooling in Pathlow, Saskatchewan, and a teaching certificate from the Moose Jaw Normal School. However, it did not take Lillian long to realize that teaching was not for her. She was university bound with a career in mathematics in mind. Fortunately for our profession her contact with Edith Rowles, at that time Dean of Women at the University of Saskatchewan, convinced her to become, like Edith, a home economist.

Following graduation in 1950, Lillian became assistant editor of the “Country Guide”, which was located in Winnipeg. Then in 1955 she joined the staff of the Edmonton television station. Her program originally was for 15 minutes a day; it quickly progressed to an hour a day, which proved to be too strenuous for a long -term commitment.

In 1956, Lillian joined the Home Services Section of the Saskatchewan Power Corporation where, as a marketing scheme, she took the pseudo name, Penny Powers. It proved to be an extremely successful move. Before long the entire province knew who Penny Powers were and how she and all the other home economists who joined her in home service work also as Penny Powers, could serve their needs.

During her long tenure with the Power Corporation, Lillian was involved in research, the development and presentation of home service, lighting and energy conservation programs, the dissemination of information, the evaluation of programs, and kitchen lighting designs. In 1983, when she took early retirement, her official title was superintendent of residential energy conservation.

Since retirement Lillian has continued to give generously of time and talent to her profession at the local, provincial and national level. As she says, Home economics has been good to me. I owe a lot to it”. While those in the profession can justifiably add, “And you, Lillian, have been very good to home economics”

Note: Lillian was the first Saskatchewan Director for the Canadian Home Economics Foundation, so when Lillian passed away September 13, 2009 it was appropriate her family requested donations in her memory be sent to CHEF.

In Memoriam

It is with deep sorrow that we list those alumni who have passed away during 2009.

Although every effort has been made to ensure the accuracy of this list, we acknowledge that errors may have occurred. If the name of your loved one has been omitted, or listed incorrectly, please accept our sincere apologies.



Lois McGill (Beedy)	1933	Assoc. Cert. in Home Economics
Eileen Anderson (Price)	1939	Bachelor of Household Science
Evelyn Meagher (Hamm)	1940	Bachelor of Household Science
Maxine Bradley (Ellis)	1941	Bachelor of Household Science
Joyce Thomas (Bell)	1941	Bachelor of Household Science
Phyllis Smith (Gooding)	1942	Bachelor of Household Science
Margaret Boileau (Brown)	1943	Bachelor of Household Science
Olha Cikalo (Chimy)	1943	Bachelor of Household Science
Ruth Keevill (Gallaway)	1944	Bachelor of Household Science
Louise Butler (McGregor)	1945	Bachelor of Household Science
Margaret Tate (Kenny)	1948	Bachelor of Household Science
Joan Barry (Parry)	1949	Bachelor of Household Science
Lillian McConnell (Vigrass)	1950	Bachelor of Household Science

Reunions

BSHEc Class of 1954 - 55th Reunion August 2009



From left to right - back row Val Sedman (Gilding) Jackie Penny (Donaldson) Henrietta Goplen (Mackay) Joan Shirriff (Glassford)

From left to right - middle row Betty Menzies (Dodds) Jean Rongve (McGarva) Liz Delahey (Dow) Joan Fowler (Erickson)

From left to right bottom row Greta Stark (McKay) Elinor Yandel (Baker) Helen Hughes (Larmonth)

The Class of 1954 has a history of holding regular reunions and as the years go by the frequency increases. Initially get togethers were staged in Saskatoon, often in conjunction with the U of S alumni weekend. In the early days children were included in some events. More recently grads and spouses have travelled to Vancouver, Shawnigan Lake, Kelowna, Waskesiu, Whistler and Cochrane. Last August , 11 Home Ecs and 8 husbands gathered at Cypress Hills to take in the magic of southern Saskatchewan including historical side trips to Fort Walsh, the Eastend T.rex Discovery Center. Osoyoos, BC is the 2012 destination.

All Years Reunion June 2009



Back row (L to R): Esther Tebbens, ?, Gwenna Moss, Christina Krismer, ?, Judy Buzowetsky, Carol Pardoe, Eileen Kent, ?

Front row (L to R): Karen Larsen, Sylvia Cherneski, Shirley Lambert, Marg Gordon, Naomi McLeod, Anne Waite

Unfortunately, we can't pick out everyone's name tags – please help by letting us know who some of the graduates are!

We know that many classes have gotten together for reunions over the years. It is wonderful to keep in touch, to hear what everyone is doing and to follow the changes in the lives of classmates.

All Years Reunion

In celebration of the completion of the Home Economics Practical Applied Arts, the College of Education will be hosting a Ribbon Cutting on Friday, June 18, 2010. Invitations for the ribbon cutting, tour and reception will be sent out in the near future. We look forward to seeing you.

If you are interested in participating in the All Years Reunion, please contact Heather Dawson at the contact information on the last page.

Honoured and All Years Reunion June 2010

Each year in June, the University Alumni Office organizes a Reunion Week for the *Honoured Years*, classes that graduated 40, 45, 50, 55 and 60 years ago. This year's Honoured Years Reunion will be held on June 17-19, 2010. More information is available at

http://www.usask.ca/alumni/stay_connected/reunions/index.php.

If you are interested in organizing a reunion for your year, please contact Tara Mything (306-966-5600) in the University Alumni Office. She would be pleased to help you, including locating and making contact with your classmates.

Alumni News

In the last edition of Reconnecting, we asked you to send us any news that you would like to share and we received many responses. Please keep sending us any news that you would like to share!

Doreen Pritchett, BSHEc 1967 retired after 37 years in education as a Food Sciences Teacher, Department Head and District Specialist. She now works on contract, writing curriculum and doing research related to curriculum changes/updates. Since retirement, she has travelled to Peru, Egypt, up the Baltic Sea to St. Petersburg and across the USA.

Marilyn Dallman, BSHEc 1967: after retiring, Marilyn trained as a yoga teacher and teaches classes and workshops in Calgary when she is available. She has also spent time travelling to Europe, China, Thailand and various places in the USA.

Toni Chasmar, BSHEc 1973, Bed 1975, spent her working time on the family farm, has had her own retail business, worked as a substitute teacher and educator for a regional college, and has worked for her local Member of Parliament. One of her main interests now is helping young adults acquire investments to achieve their financial security. She has felt that her education has served her well.

Elaine Silverthorn, BHSc 1964, recently retired from teaching Family Studies at Earl of March Secondary School in Kanata, ON and has now begun a second career as an anti-aging coach.

Shelia Lavender, BSHEc 1968: the Class of 1968 has continued to stay in touch 42 years after graduating by writing a letter to one another. The letters are sent to one person, who sends the collected letters to everyone who wrote in.

New address

Bette McLean (Johnston), BSHEc 1967, announces she has moved to Victoria, BC and welcomes any one who ventures that way. Her mailing address is #5 625 Drake Ave, Victoria, BC V9A 6K4.

Congratulations

Patricia Katz, BSHEc 1973 (MCE) was named Saskatchewan Women Entrepreneurs' Business of the Year for 2009 in the Existing Business category. The award is presented annually to the woman entrepreneur who has been in business for more than three years and who has: expanded her business and contributed to the economy; changed, grown and refocused in response to emerging trends; shown long-term

financial viability and profitability; and contributed to entrepreneurship in the community. Patricia owns Pauseworks (www.pauseworks.com), a Saskatoon based firm that offers consulting, tips, tools and strategies to assist organizations and employees find a healthy work-life balance. (Pictured here receiving her award – on the right).



From the Archives



*Recruiting project at the Hudson Bay Store
1948*

Federal Task Force on Financial Literacy

Home Economists will be interested to know that the Federal Government is looking for ways to improve the financial literacy of Canadians – an area many Home Economists have expertise in.

“The Federal Government announced in Budget 2009, as part of the measures to improve access to financing and strengthen Canada’s financial system, that it would bring forward measures to help consumers of financial products, including launching a task force on financial literacy.

The turmoil in financial markets is affecting the financial future of all Canadians who save and invest. It is clear that financial literacy, displayed through a strong understanding of the principles of prudent financial management, is an essential life skill. Consumers are better positioned to make informed financial decisions that affect their livelihood when they understand the financial products and services, and the options that are available to them. Financial literacy will better prepare young people for the future.

The Task Force on Financial Literacy will provide advice and recommendations to the Minister of Finance on a national strategy to strengthen the financial literacy of Canadians.”

ASHE (Association of Saskatchewan Home Economists) is submitting a brief to the Task Force.

For more information on the Task Force go to
<http://www.financialliteracyincanada.com/eng/index.php>

The History of Aprons

Submitted by Liz Delahey, BSHEc 1954

I don't think our kids know what an apron is.

The principal use of Grandma's apron was to protect the dress underneath, because she only has a few, it was easier to wash aprons than dresses and they used less material, but along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion it was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for sky kids. And when the weather was cold, grandma wrapped it around her arms.

Those big old aprons wiped many perspiring brows, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

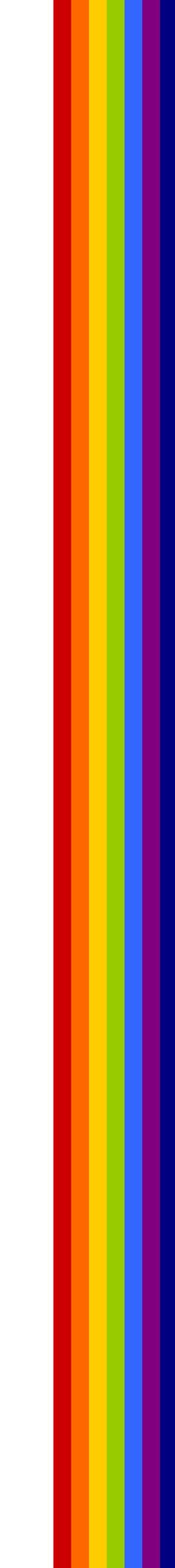
Remember:

Grandma used to set her hot baked apple pies on the window sill to cook.

Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs was on that apron – I don't think I ever caught anything from an apron.





Where are you now? What are you doing? We want to hear from you!

We look forward to hearing about important events in your life, and receiving your feedback on the newsletter. Please send by email, fax or mail to

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